

The Annual Senior Awards Banquet was held Tuesday Evening, May 25th at the Fairview at Pinecrest Golf Club. Hosted by HHS Athletic Director Jim Carboneau, this annual event is open to all graduating senior athletes and their parents. It is attended also by many of the HHS coaches, and is a great event to thank these seniors for representing Holliston as student athletes.

After a fine meal, Mr. Carboneau led a presentation to the Athletes. An overview of each of the teams was provided to the parents, and several scholarships and awards were handed out.

The award winners were

Scholar Athlete: Stephanie Ydoate and Dan Ikuma

Best Athlete: Marissa Bynoe and Tommy Donovan

Sportsman Award: Kelsey Regan, Kristen Bellomo, Chris Losurdo, and John McLean

Scholarship winners were:

Friends of Football: Ryan Barry and Tommy Donovan

Holliston Athletic Boosters: Jenny Lisak, Ben Sherr, Matt Meile, and Matt Flynn

Below is the overview of the seniors accomplishments presented at the banquet. Holliston thanks these seniors and wishes them the best in their post graduation pursuits!

Without spending many hours on each of our senior athletes many athletic and personal achievements as it would take and as they all deserve, I would like to take a few minutes to mention each sport and senior athlete. I hope that all of you have or will take the time to look at all the posters that point out some great memories and accomplishments each team has had, along with some individual achievements of note. Please forgive me if I miss anyone, or overlook any of your achievements – there are so many of them that it is hard to summarize your outstanding individual accomplishments, school records being set and too many to mention acts of sportsmanship and hard work and dedication.

Each fall, you graduating Senior Athletes have helped transition us from the relaxation of summer to the start of a new school year.

Boys Soccer

The graduating girl's varsity soccer team of Captains Christina Mendoza and Kelsey Regan, along with Kelsey Chester, Brittany Watling, Marissa Bynoe, Brianna Colantonio, Allison Rossini, Jess Habif and manager Katie Curran have been a very important part of talented HHS soccer teams over the past four years. This past season culminated 4 years of hard work with these girls sharing in the second consecutive Tri Valley League Championship. And in qualifying for post-season play, they won their first game only to fall in their semi final game in

overtime by 2-1. Jess, MARRISA, Cristina, and Kelsey Regan were 1st team TVL All Stars, with Kelsey and Jess also 1st Team E-Mass all stars.

Boys Soccer

The Boy's varsity soccer team was led by Captains CJ Dube, Chris Johnston, and Luke Spina, with Chris Vanesian, Troy Hutchinson, Dino Roffo, and Mike Simonelli being the remaining seniors

Luke Spina was a starter for the varsity squad for three years. Luke had a tremendous soccer career with HHS. He was recognized as a TVL league 1st team all-star, All-Eastern MA all-star and All-State. CJ Dube was a 3-year varsity starter. Chris Johnston was the team's goalkeeper and led the team to 9 shut outs this past year. Chris Vanesian was a 2-year starter, and was recognized as a TVL league 1st team all-star. Dino & Troy were both 3-year varsity. Troy anchored the defense and Dino brought his game to another level during the post season. Mike played on varsity for two years and was the soul & heart of the team.

Girls Field Hockey

While the team's record over their 4 years of HS was less than hoped for, the 4 senior members of the Field Hockey team demonstrated hard work and commitment. Kristen Bellomo, Kara Hunt, Lindsey Markow and Samantha Wilson have had 4 coaches in the last three years. They provided strong dedication and leadership working with past season with the new coach to begin to "rebuild" the HHS Field Hockey tradition. Kristen Bellomo was a starters on Varsity for 4 years and was, along with Sam Wilson, a 1st team TVL All Star

Girls Cross Country

Captain Steph Brockert was the only senior on the cross country team. Steph joined the team as a sophomore and immediately became an impact player on a very loaded team. That year she became part of Holliston history and legend as she ran the 7th position on the best team in school history. The team place 5th at the All State Meet which means they were 5th best in the entire state regardless of school size.

Boys Cross Country

The seniors on the boys Cross Country completed an outstanding career at Holliston. Captains John Calhoun, Justin Murray, and Chris Losurdo along with Dan Ikuma, Kyle Fisk and Nick Trotin compiled a 4 year record of 24-5. This year, they took 3rd place in the TVL regular season with a 6-2 record, and finished 3rd in the TVL League meet. This team was ranked 9th in the Div 3 State Small School division.

Football

The 11 Seniors of the Football team - led by Captains Ryan Barry, Shane Earley and Jonny Maclean, along with Justin Capello, Tom Donovan, Kyle Hawkes, TJ Jones, Max Krasnoff, Matt

Miele, Dan Oteri, and Alex Porter showed dedication and teamwork. Inspired by the loss and memory of teammate and classmate #73 Joey Larracey, and honorary captain #7 Tim O'Connell, the team compiled a record of 11-0, winning the Tri-Valley League Championship. The Panther offense was the highest scoring offense in Eastern Massachusetts, averaging almost 40 points per game. In front of a packed house at Kamitian Field, the team beat rival Westwood on Thanksgiving Day to win the TVL Championship and took the HHS fans on a great ride with a Sectional Championship and a superbowl appearance at Gillette Stadium. Although they did not win, many of them would tell you that winning the first annual Joey Larracey Bowl against Brookline was more important.

Golf

The seniors on the golf team amassed a regular-season record of 61-9-1 over the past four years; over that time they were South Sectional Champions twice, Div-3 State Champions in 2006, 3rd in Div-2 States in 2007, Finalists in 2008, and 2nd place in the State in 2009(this year). They are 2-time TVL Tournament Champs and "Three-peat" TVL Champions from 2007, 2008, and 2009. They have helped set the competitive standard for years to come by setting TVL team scoring records both here at Pinecrest and away against Medfield.

The teams over the past four years have been filled with unsung heroes who made huge contributions in match play like Tony Cristofori, Richie Kelleher, Greg Kiley, and Alex Gregg Cole Childs shot 30 for 9-holes four times in his HHS career, just shy of that magical 29. Cole had an unprecedented career in golf including being a Boston Herald and Boston Globe All-Scholastic Athlete three years in a row, and named League MVP 3 years in a row. And Cole demonstrated the meaning of teamwork last year when he handed over his Team MVP award to Sam Shively, whose improvements his junior year Cole felt was the key to the Teams ability to win the TVL and perform so well at sectional and state team championships.

Volleyball

The 2009 season was one of the best seasons Coach Gerard can recall. This close knit group of 10 seniors was led by Captains Sarah Sams and Caitlin Sherr, and included Daniele Devins, Stephanie Ydoate, Cassinda Hickey, Jane Croke, Jillian Berard, Anneliese Harrison, Ashley Babineau and Aurelia Mickunas.

The team qualified for the post season with a 10-10 record, but it was the commitment and dedication that the players demonstrated to better themselves through camps, clinics, summer fitness and weekly team get-togethers that defined them. The season started off with a victory, and from that point on, the team never found themselves on the losing side of an overall record and qualified for post season play with three games still to play.

Cheerleading

The Cheerleaders kicked their fall season off attending Cheer Camp in August, the HHS Squad won two second place trophies for Dance and Big Cheer Routines as well as taking home first place for their Extreme Routine. Seniors Kelsey Lawrence & Alison Bergen were recognized as

All-American & were invited to participate in the Lord Mayor's New Year's Day Parade in London.

The Fall cheerleaders were led by our four senior Captains: Allie Araujo, Alison Bergen, Lindsey Fallon and Kelsey Lawrence. The girls did very well at the TVL Championship's, with a proud 4th place finish in the league. Seniors Allie Araujo & Lindsey Fallon were recognized as TVL All-Stars. Most importantly though, the HHS Cheerleaders won the TVL Sportsmanship & Spirit Award.

During the winter, the HHS Cheerleaders competed in the Shepherd Hill Cheerleading Competition in February and won 1st Place. Although they did not move on to Regional Competition after the TVL Championships, The HHS Cheerleaders performed a solid routine and finished in 5th place overall.

Swimming and Diving

Winter brings on a new set of teams and challenges. The graduating seniors of the co-ed swimming and diving team developed a strong bond, maybe by dealing with some nuances of the sport like occasional early morning practices and always changing pool time. Captains Julie Beauchemin and Matt Flynn, along with Chloe Chen Krauss, Steph Ydoate, and Troy Hutchinson persevered as members of a small team with very talented athletes who often could not compete with other teams in the powerhouse Dual County Swim league. This year, these seniors led the growing HHS Swim and Diving team to a 3rd place finish in the inaugural season of the TVL coed league. Individually, each of these seniors qualified at least once in their HS career for post season Sectional and State Championships. Jess Harrison was State Champ in 2008 in the 500 yard freestyle, while 1 meter diving school record holder Matt Flynn was a two time Sectional Champion – breaking the meet record this year, and runner up in the State championships. Steph Ydoate joined Matt as a 1st team TVL All-star, with Matt also being a 2 time 1st team MWDN 1st team All Star and is a candidate for all-American honors.

Girls BBall

This year's Girls Basketball was led by Senior Captains Kelsey Chester, Katie Curran and Erin Chipman, along with manager Kelsey Regan. Finishing with a 10 -10 record, this team qualified for the post season, being the 1st HHS girls basketball team to do so since 2004. Their leadership will be remembered and valuable to the underclassmen the turn the team over to next year

Boys BBall

The Boys Basketball team had a mixed season, but was competitive in most of their games this season. The 4 seniors were Nick Derosa, Greg Kiley, Mike Ritter and Chris Vanesion. Nick provided instant offense, back to back 20+ point games, and the most 3 pointers made. Greg Kiley did a little bit of everything, from big 3's to beat Westwood as a Junior, to a bank shot vs Dover this year that scored a perfect 10 for degree of difficulty. 1st Team TVL All star Mike Ritter was a force whenever on the court. 20/20 games were the norm, and he was a warrior

under the glass all season. Finally Chris Vanesian was a defensive stalwart – drawing an average 2 charges a game, guarding the opposing team’s best scorer

Hockey

The seniors of the Hockey Team provided great leadership, both on and off the ice. The team led by Captain Kenny Foskett – a 2 time TVL All-Star, Colin Everett, Ryan Michaels, Tim Nelson, Devin Bolger and Chris Johnston improved from 3 points to 15 points in one year. The early season victory over Medway – the only team to beat Medway in the early part of the season - set the stage for a great season. Another highlight came with a game tying goal over Medfield with just 13 seconds left in the game, denying Medfield the TVL title. And they went out in style, scoring all 5 goals in the last game of the season.

Track & Field

Since many of the Track and Field Athletes compete both in the Indoor Winter and Outdoor Spring seasons, I’ll talk about both teams together

Girl’s Track and Field

The Girls class of 2010 is small but has had significant impact to the team throughout the past four years.

Captain Marissa Bynoe became one of the most successful track athletes in HHS history. She became one of the league’s top hurdlers as freshmen, winning a state Freshmen/Sophomore meet title in the hurdles and the long jump setting a meet record in the former and taking home the meet MVP award. Outdoors she won the league championship in the triple which completed an unbeaten season in that event.

Captain Steph Brockert became a solid contributor as freshmen in the high jump during the indoor season. Steph has developed into one of the top high jumpers in the league and also contributed valuable points in the hurdlers and middle distance events.

Brianna Colantonio and Brittany Watling developed into excellent shot putters during their tenure Brittany also competed in the javelin and hurdles in the outdoor season

Captain Sarah Sams has developed into one of league’s best sprinter/ hurdlers. This senior year she placed fourth at the indoor league meet. Outdoors, she also added the long jump to her skill set and placed 3rd at the league meet to go along with her 5th place in the hurdles.

Jen Saboujian has the ability to run solid short dashes and the strength to earn points over the longest sprints. During the state relays she helped the long jump team take 6th place and then joined her relay teammates by placing 5th in the long jump

Caitlin Sherr was a great addition to the team even if for only during the outdoor season her senior year. A great athlete and team leader.

The team will be well represented in the upcoming State Meet. Marissa and Sarah have qualified in several events each, as Sarah will run the hurdles and Marissa will jump and hurdle.

Boys Track & Field

This senior class has been one of the most talented teams in at least 10 years

Captain John Calhoun entered the indoor season injured but managed to contribute to the team in the second half of the season and the post season meets. John qualified for the state meet and placed in the league meet in each of the last three years. Unable to compete outdoors, John found a role as assistant coach helping with workouts and officiating meets.

Captain Matt Miele was unable to compete during the indoor season due to a knee injury. During the prior year's Matt worked his way into being a top hurdler and relay runner. He worked hard during the winter to rehab and change events so he could contribute to the team this spring

The scoring machines were Tommy Donovan, Dino Roffo, Justin Murray, Dan Ikuma and Chris Losurdo.

Tommy Donovan went through the outdoor season (including the league meet) unbeaten in three events. In his only indoor season, Tommy contributed huge points in sprints and high jump this year.

Indoor, Justin Murray was the team MVP and a league all star. Justin dominated the 400 meter hurdles and was unbeaten in the 400m this spring until the league meet where he finished 2nd in both events of this grueling double. School Record??

Dino Roffo made himself one of the best 300/400 meter runners in the league by pure determination. This Spring, he dominated most meets in the 400m and was the anchor of the 4 X 400m relay.

Injured most of the indoor season, Chris Losurdo still managed to contribute during the indoor season. Outdoors, he was number three in the league in the 800m and was the leadoff runner in the 4 x 400m relay.

Both Indoor and out, Dan Ikuma ran wherever points were needed, including the 100m, 200m and 400m.

Both seasons, Kyle Fisk contributed in middle distance, 4 X 400m and the triple jump. Kyle never stopped working to improve and by virtue of his work ethic became a leader on this team.

Outdoors, Anthony Cristofori became the lead off in the short relay and a valuable contributor in the sprints.

Indoors, Shane Early, T.J. Jones and Andrew Koning provided excellent depth and support by gathering the required points necessary to outscore every team in the league in the shot-put. .

And finally, Matthew Collari worked his way into the league elite over his first 3 years on the indoor team. As a junior he made a huge mark on the league in his running events and also impressed his teammates enough to be made a captain.

The senior spring athletes had to deal with melting snow and unprecedented flooding – not to mention senioritis.

Softball

The graduating seniors/tri-captains of the girl's varsity softball team of Jess Habif, Jenny Lisak & Katie Jessup McDermott have led the Panthers to winning regular season records and the state tournament playoffs for the 29th year in a row. Jenny has been a 4 year starting pitcher, while Jess has been a 3 year starting catcher and outfielder. Katie has been a 3 year varsity designated hitter and outfielder. Katie got called up to play for the varsity in the state tournament her freshman year.

This season these 3 captains led by example in the offseason which began in October with weekly pitching lessons through Mid March, then in January with weekly Saturday morning strength and conditioning sessions and weekly Sunday evening hitting and fielding practices. This hard work and perseverance by the 3 captains has paid dividends this season in leading the team to an overall record of 12-8, which qualified them for the state tournament.

Baseball

The baseball team is graduating five seniors who have contributed to the baseball program in a positive manner. Matt Cabral, Matt Collari, Nick DeRosa and Jonny McLean have been part of the program since their freshman year. Connor Capobianco joined the Panther baseball team his junior season. All five have been two-year varsity players and as seniors have started many or all games. Connor and Jonny were elected co-captains last spring and have done an admirable job leading by example and as motivators. As juniors the team just missed qualifying for the MIAA tournament by just one win, and is once again in the hunt to potentially qualify for the state tournament for just the 2nd time in about twelve.

Ultimate Frisbee

The Ultimate Frisbee team has grown tremendously since it became a club sport in 2007. The team started out energetic and motivated but inexperienced. However, in 2008 several of the graduating seniors stepped up including CJ Dube and Nick Trotin, helping the team win the Division 2 State Championship. The team was promoted to Division 1 and has been very successful, competing with and defeating some of the top teams in the state. The Ultimate Frisbee team is graduating nine seniors this year: Ashley Babineau, Jill Berard, Briana Colantonio, Daniele Devens, CJ Dube, Troy Hutchinson, Devin Ostapovicz, Ben Sherr, and Nick Trotin. Although some of these seniors are new to the sport, they have come together as the most respectful, hardest-working, and cohesive team yet. The seniors have a lot to be proud of and going into the state tournament as the number 7 seed, they still have more to accomplish.

Boys Lacrosse

The Boys lacrosse team will be graduating 5 seniors. All have been with the program for the past four years and every year we have qualified for the tournament. Andre Koning backed the team as goalie, stopping not only 60 to 80 mile per hour shots from 30 yards out but also point blank shots in the crease. At long pole defense are two players who will be hard to replace. Mike Ritter at crease defense has the job of playing smart...something he has done exceptionally well this year. On the outside, Captain Conor Eagan has the responsibility of playing the most talented player on the opposing team and again has played great defense this year as well as taking on the leadership role. Moving to Midfield, Max Krasnoff is one of the face-off specialist and strong midfielders. Rounding out the departing seniors is Britton Beal. Britt plays attack - he takes a lot of hits but keeps on scoring...4 goals last game.

Girls Lacrosse

After losing 17 seniors from last year's state tournament qualifying girl's lacrosse team, it was thought that this season would be a re-building year. But Captains Kristen Bellomo, Erin Chipman and Olivia Feede had other thoughts. They have led the team to a surprising 8-8-1 record, and are one win away from qualifying again this season for the State Tournament.

2010 Boys' Varsity Tennis

The 2010 Boy's Varsity Tennis team saw its most successful season since Coach Murphy took over the position 3 years ago. The boys proved ready and willing to step up to the challenges of a competitive Tri-Valley League and although the team's record may not show more wins than losses, the Holliston High School Boys' Varsity Tennis team was triumphant in multiple ways.

The graduating seniors are led by Captains Chris Dowd and Steve O'Leary and include Peter MacMurray, George Price, and Mike Simonelli. These 5 seniors have all made positive contributions to a team that is driven to succeed and focused on improving.

Girls Tennis

The senior girls are exemplary example of leadership and dedication to the sport of tennis. They have over the last four years mentored all new team members shown wonderful team spirit and a true appreciation for the game that will carry forth through their college years and beyond. Christina Mendoza, Kelsey Regan, Stephanie Ydoate and Hannah Earl currently hold a 6-9 record.